

# The Messenger

St. Anne's Church    The Rev. Tony Pompa  
15 East Green Street    302-378-2401

March 2007  
Newsletter deadline 3/15/07

Editor Andrea Kasprenski  
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## Rector's Ramblings

Rabbi Harold Kushner in his latest book entitled "Overcoming Life's Disappointments" reminds us of the root definition of the word sacrifice. Sacrifice from the Latin root means to "make holy", that is to fashion a moment of holiness by giving something away. In the Biblical tradition, sacrifice of course means to "draw near by bringing (an offering) close.

Whatever experience, reaction, or understanding you may have of sacrifice, in the theological context, sacrifice of course is at the center of God's love for us. Its end is for us to be "at one ment" with God. That is to be at one with God! This lent I invite you to see yourself as a sacrifice! That is to draw your life near to God, to fashion a holy moment! I've listed a few ways that may help with this endeavor!

**1. First, be regular in your attendance at Sunday morning worship.** Week to week the scriptures unfold the story of God's invitation to draw close and the sacrament promises us refreshment and renewal.

**2. Take part as you can in the Sunday morning classes for children and adults.** The adult class will focus on forgiveness training. Palm Sunday we will gather adults and children together in the parish hall for an exciting invitation into the life of Jesus!

**3. Be a part of our Thursday evening Lenten program.** The program begins Thursday March 1 at 6:00 p.m. with a reflective service of

worship, followed by a light meal, and a program for children and adults called "Have you scene Jesus", an experiential living into the various stories of Jesus life.

**4. If you are able, fast on Fridays.** That is set a discipline that makes you mindful of those who hunger both physically and spiritually. Some of us cannot fast and children should not! If you do fast, set a time to start and a time to finish. Drink lots of fluids and if need be, eat some bread. Those who cannot fast, spend some time in prayer, pray for those who hunger.

**5. Participate in our "Change for Hunger" campaign.** That is clean off your dresser, dashboard, under the bed; anywhere you might have loose change. Bring that change throughout Lent and place it in the bottles placed around the church and parish hall. The monies contributed will be donated to Episcopal Relief and Development designated for a project directed at addressing hunger.

**6. For your daily prayer and study I invite you to visit [www.explorefaith.org](http://www.explorefaith.org)** where you will find a rich offering of daily mediations, prayers, and exercises for your spiritual growth.

**7. Join me on Saturday March 24th from 8:30 a.m. - Noon** for a "reflective morning". This will be a quiet morning of prayer and meditation with short meditations offered for reflection. The meditations will be based on Rabbi Kushner's book, "Overcoming Life's Disappointments".

**HAVE YOU SCENE JESUS?  
THURSDAY LENTEN  
JOURNEY  
MARCH 1, 8, 15, 22, 29**



**AN EXPERIENCE FOR THE  
WHOLE FAMILY**

***6:00 P.M. TAIZE  
CANDLELIGHT WORSHIP  
(NIGHT PRAYERS)***

***6:30 SOUP, SANDWICH,  
SALAD PROVIDED BY WOMEN  
OF ST. ANNE'S  
(DONATIONS \$5 ADULTS, \$3  
CHILDREN)***

**7:00-7:45 PROGRAM HAVE  
YOU SCENE JESUS?  
AN EXPERIENTIAL  
EXPLORATION OF JESUS  
JOURNEY THROUGH LENT  
JESUS IN THE WILDERNESS,  
JESUS WITH THE WOMEN AT  
THE WELL, JESUS RAISING  
LAZARUS, AND MORE.**

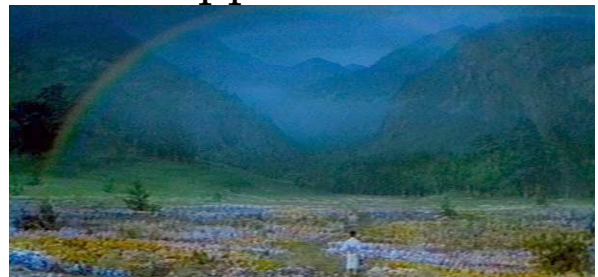
**CHILDCARE FOR SMALL  
CHILDREN AVAILABLE  
BEGINNING AT 6:00 P.M.**

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**CHANGE FOR HUNGER**

Please bring your loose change throughout Lent to place in the Bottles marked "Change for Hunger". These monies will be targeted to help eradicate hunger through the ministry of Episcopal Relief and Development Fund  
**"Disillusionments and Dreams"**

A Morning of Quiet Reflection based on Rabbi Kushner's book "Overcoming Life's Disappointments"



**Saturday March 24th  
8:30-Noon  
St. Anne's Episcopal  
Church  
15 E. Green St.  
Middletown, Delaware**

Call 378-2401 or email [Rector@st-annes-church.com](mailto:Rector@st-annes-church.com) for more information or to register. (No cost but your time)

Are you at the time in life when some of the dreams you have held for your life are in question? Are there questions you'd like to probe about the hopes you have for your life, your job, your family, your relationship with God? Have you considered that some old dreams may become stepping stones to new ones?

8:30-9:00 a.m. Registration and Coffee

9:00-10:00 a.m. Session I The Dreamers

10:00-11:00 a.m. Session II The Hard Road

11:00 a.m.-Noon Session III New Dreams

\*Each session consists of a 15 minute presentation followed by 45 minutes of quiet time for reflection, mediation, prayer, journaling on your own.

(Childcare will be provided)

## Are you called to ministry with young people??

**We are inviting persons to discern a call to leadership with our young people through our Youth Ministry.**

**What is the Program:** Journey to Adulthood is a program begun at St. Phillip's Episcopal Church in Durham N.C., it is a program in three parts, aimed at nurturing the developmental principles of young people on a journey to adulthood. The three components are:

**Rite-13** ( a name based on a liturgical celebration integral to the program) celebrates the gift of gender and provides a foundation for the remainder of the program. It is a gathering of 12 and 13 year olds on a weekly basis with special events throughout the year and focuses on the spiritual and human discovery of a growing young person.

**J2A** (Journey to Adulthood) builds on rite-13 by training young people in six necessary skills of adulthood: Listening, Assertion, Negotiation, Research, and Information Management, Partnership and Leadership. It is a group that meets regularly forming a community of learning, understanding and growth. Two significant events within the period of time is the "urban adventure" a weekend discovery of spirit in an urban setting, and the culmination of the program in the Pilgrimage, a significant time to a mutually discerned place for a spiritual discover of the holy. (This years group is journeying to England) Group members are aged 14-16 typically.

**YAC**(Young Adults in Church) builds on the previous four years of the program by enabling the young people to practice their newly-acquired skills in the context of the supportive congregation community. This group will be new to St. Anne's. A leader of this group serves more as a facilitator, enabling the groups members to take on leadership within the congregation.

**What gifts should I discern:** A general mutual respect for young people. The ability to lead by encouragement and empowerment. A mutual desire to discover new things without having all the

answers. The desire to want to grow and see others grow. The ability to have fun! Patience and understanding.

**What is the time commitment:** Each of the three programs are on a two year cycle. The time commitment is a 2 year weekly engagement (Summers, a few gatherings throughout) with young people. Some special events are overnight and in J2A a weekend and for pilgrimage a 8-12 day "adventure". Time is shared with co-leaders. Typically there are 2-3 leaders of each group, to share the ministry and commitment.

**What is the benefit.** Read the testimony below from one of our J2A leaders.

**Who do I talk to learn more, discern?** Rite 13: Jen Vail (tjvail@aol.com) Dave Blaasch(dblaasch@state.de.us) Dan Bennett(dan@bennettclan.com) Lea Hutchins (leashutchins@aol.com) J2A: Valerie Biddle (valerie@biddlecapitalmanagement.com) Charlie Wolf (charles.d.wolf@usa.dupont.com) Kate Rokosz (kater@uniglobeonline.com); Tom Vail (Tjvail@aol.com) Laurie Wolinski (laurieg4@verizon.net) YAC and All of the Above: Tony Pomba (Rector@st-annes-church.com)

## Sharing a ministry with Young People!

In today's world, our teens must put up a good fight. They fight off peer pressures and keep a daily vigilance against undesirable influences. Computers allow them access to a whole new world beyond our realm of security. Music videos (and even commercials) bring sex into our living rooms. Drugs are in our schools. Underage drinking abounds. Add this to the stress of achieving good grades and completing their chores. It's tough and exhausting and our teens deserve much more credit than they receive.

**With so many outside forces, it takes more than parents alone to guide our teens during their vulnerable years.**

**The church family and programs such as "Journey to Adulthood" (J2A) are here to show our teens that we care.**

**J2A is a two year program designed to encourage positive life skills....compromise, assertiveness, self defense and city savviness, to name a few.**

**J2A is NOT designed to preach religion, but to provide our teens with an outlet to discover their own spirituality, as well as the holy in those around them.**

**As a current J2A leader, I can express firsthand the rewards felt by Valerie, Charlie and myself as we see "our" kids mature, bond and make good decisions.**

**Our two year program culminates with a Pilgrimage in June. Our kids have chosen England to seek our Anglican roots. The church family has been so supportive and for this, we thank you. You have no idea how much your encouragement has meant to each of us.**

**Two years was a big commitment for leaders and teens. We were all a little scared of what it would entail and what would be required from us.**

**As hard as it is to believe that we could get teenagers to want to attend youth group each Sunday, it may be even more unbelievable that our teens don't want it to end!**

**I can honestly say that the sentiment is echoed from the leaders, as well. I'm even teary-eyed as I write this which is something that I NEVER would have expected when Tony approached me to consider being a leader two short years ago.**

**What a long, touching, comical, stressful, gratifying, strange trip it's been!**

**As we bring our Journey to a close, a brand new group of happy shiny faces will be entering J2A in the fall. I encourage you to step up and open your heart and mind to the**

idea of becoming a J2A leader. Short of sleeping on a gym floor, it will become one of the most endearing time of your life....and theirs.

The Old St. Anne's Cemetery Committee will be meeting on Sunday, March 11, following the 10:30 worship service. Any questions please contact Jane Shallcross.

## J2A PROJECT



“WE CAN”

### If you knew that ....

1. One hundred percent of a recycled aluminum *can* ends up as another aluminum *can* in as little as 60 days
2. An aluminum *can* has no limit to the number of times it can be recycled.
3. Aluminum is the most recyclable of all materials: it is four times more valuable than other recycled consumer materials.
4. Throwing away a single aluminum *can* is like pouring out six ounces of gasoline.
5. Recycling one aluminum *can* saves enough energy to keep a 100-watt bulb burning for almost four hours or run your television for three hours.

6. Last year 54 billion *cans* were recycled saving energy equivalent to 15 million barrels of crude oil- American's entire gas consumption for one day.
7. **We can really save** - Americans throw away enough aluminum *cans* to rebuild an entire commercial air fleet every three months. Simple actions *can* mean big results.

**... would you still throw that *can* in the trash?**

**Note:** Over 550 Habitat for Humanity affiliates recycle *cans* to build more homes. If they *can* build homes...we *can* fund a pilgrimage to England and more!

**Bring in *any* beverage *cans* for recycling.**

**We can help the environment while earning money!**

(A 30gallon trash *can* will yield approx. \$10-\$12 ...so bring your *cans* weekly to class (rinsed and crushed)and deposit in the container provided. If you have any questions contact Jamie Richards 653-3732)

### *A NOTE FROM THE EDITOR:*

*As St. Anne's Church continues to grow-so does my email mailbox!! To alleviate the problems of overloads in the mailbox, we have created an email address solely for the Messenger contributions! You can now send your photos, articles and updates to [newsletter@st-annes-church.com](mailto:newsletter@st-annes-church.com). Thanks for your continued support! Andrea Kasprenski-editor.*

# March

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**1**      **6 pm**   **LEC**   Lou Pederson      378-8324

*Lenten Service*

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**4**      **8 am**    **L**      Scott Lawrence      378-1947

**9 am**    **CB**    Kitty Rehrig      836-5057      **CB**    Laurie Wolinski      376-1772

*Adult Choir*   **LEC**    Kitty/Robert Rehrig      836-5057      **Will read the scripture and Prayers of the People**

**U**      Brian Smith      378-7306      **U**      Patti Smith      378-7306

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**10:30 am**   **L**      Lou Pederson      378-8324      **CB**    Christa Pederson      378-8324

*Treble Choir*   **C**      Karli Frederick      378-0937      **T**      Greg Hughes      376-5217

**T**      Taylor George      378-2181      **LEC**    Carson Hanna      449-2216

**V**      Cim L'Heureux      378-9570

**U**      George Schreppler      378-9726      **U**      Janet Schreppler      378-9726

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*Noon Worship Committee Meeting in Library*

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**8**      **6 pm**   **LEC**   Peter Hall      376-8934

*Lenten Service*

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**11**      **8 am**    **L**      Kathy Means      378-2044

**9 am**    **CB**    Jessie Ventura      376-9060      **CB**    Patti Smith      378-7306

**LEC**    Lea Hutchins      378-8699      **Will read the scripture and Prayers of the People**

**U**      Kittie Rehrig      836-5057      **U**      William Rehrig      836-5057

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**10:30 am**   **L**      Sarah DiAngelo      378-4203      **CB**    Kim Blasch      376-1714

**C**      Madeline Ivers      376-1344      **T**      Caitline Hemings      376-7750

<b>T</b>	Forrest Brown	378-9618	<b>LEC</b>	Peter Hall	376-8934
<b>V</b>	Burgon Sealy	376-0244			
<b>U</b>	Donna Leathrum	378-9075	<b>U</b>	Ted Nutter	730-1791

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**2:30 pm** **LEC** Peter Hall 376-8934

*Evening Prayer Service at Broadmeadow*

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**March**

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**15**      **6 pm**   **LEC**   Jessie Ventura   376-9060

*Lenten Service*

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**18**      **8 am**    **L**     David Hipp        836-0628

**9 am**    **CB**     Larry Hutchins    378-8699    **CB**   Lea Hutchins        378-8699

**LEC**     Kathy Hanna        449-2216    **Will read the scripture and Prayers of the People**

**U**        Jessica Ventura      376-9060    **U**     Scott Ventura        376-9060

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**10:30 am**   **L**     Donna Leathrum    378-9075    **CB**   Wendy L'Heureux    378-9570

**C**        Tyler DeFriece      376-1636    **T**     Bethany Bennett     376-9785

**T**        Julia Vail            378-8639    **LEC**   Wendy L'Heureux    378-9570

**V**        Bill Ivers            376-1344

**U**        Nancy L'Heureux    378-9570    **U**     Wendy L'Heureux    378-9570

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**22**      **6 pm**   **LEC**   Janet Vines        378-1912

*Lenten Service*

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**25**      **8 am**    **L**     Bill Cohee         376-0417

**9 am**    **CB**     Diane J. Dudderar-Foster    376-9039    **CB**   Franklin Brons        449-1250

**LEC**     Ben Shepards        378-8498    **Will read the scripture and Prayers of the People**

	<b>U</b>	Fuad Masso	449-0897	<b>U</b>	Tom Vail	378-8639
<b>10:30 am</b>	<b>L</b>	Cim L'Heureux	378-9570	<b>CB</b>	Peter Hall	376-8934
	<b>C</b>	Chelsea Frederick	378-0937	<b>T</b>	Anna Ventura	376-9060
	<b>T</b>	Jack Aiken	378-3548	<b>LEC</b>	Patrick Cronin	378-7279
	<b>V</b>	Nancy Koenig	653-7653			
	<b>U</b>	Lou Pederson	378-8324	<b>U</b>	Christa Pederson	378-8324

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**29**      **6 pm**    **LEC**    Anne Nutter      730-1791

*Lenten Service*

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**Altar Guild - Bettylou Gaunt and Norene Taylor**

**Vestry Usher of the Month -**